#### **REVIEW ARTICLE**

# Necrotizing sialometaplasia: systematic review and meta analyses over the past 46 years

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# Abstract:

**Objectives:** The aim of this study was to characterize the main characteristics of this disease in relation to diagnosis, clinical aspects, progression and treatment as well as correlating them with remission time. **Material and Methods:** A systematic search was performed following the guidelines given by PRISMA and the Joanna Briggs Institute. *PubMed*, Web of Science and Scopus were the databases used. **Results:** The final analysis resulted in 108 articles with 173 clinical cases. The longest remission time for signs and symptoms (>7 weeks) was registered among male patients (p = 0.02) and outside the oral cavity; however no significant correlation was observed (p>0.05). A high risk of bias was the most common rating among the articles analyzed (55%); followed by moderate (27%) and low (18%). The lack of standardization in clinical case report descriptions made it difficult to gain a thorough knowledge of the essential characteristics of the NS pathological processes. **Conclusion:** It is recommended that publications follow the standards recommended by the literature; in addition, studies using advanced technologies to better understand NS's pathological path are recommended so as to propose effective treatments for this disease.

**Keywords:** Necrotizing sialometaplasia; Salivary Glands; Diagnosis; Pathology, Oral; Evidence-Based Dentistry.

# **INTRODUCTION**

First described by ABRAMS et al.<sup>1</sup>, necrotizing sialometaplasia (NS) is characterized as being a rare inflammatory condition<sup>1–3</sup>. Although its etiology is not yet fully defined, it is known to be related to traumatic factors that may cause vascular obstruction, with consequent infarction and ischemic necrosis of the minor salivary glands<sup>4</sup>. Therefore, it is believed that NS goes through histopathological stages, which are: infarction, sequestration, ulceration, repair and healing<sup>5</sup>.

The histological and clinical aspects of NS can be easily confused with malignant lesions, such as mucoepidermoid carcinoma and squamous cell carcinoma<sup>1-3</sup>. The histopathology is marked by the presence of squamous metaplasia of the acini and salivary ducts, aiming to promote repair of the affected region. However, the maintenance of the lobular architecture of the salivary glands stands out as it is an essential characteristic for the differentiation of NS with malignant lesions<sup>1</sup>. Classically, the clinical aspect shows the presence of consistent nodules or crateriform ulcers surrounded by an erythematous halo and, on rare occasions, there may be destruction of the underlying palatine bone<sup>6</sup>.

The natural history of this disease leads to a repair process, therefore the ideal treatment for NS is to wait for the remission of clinical signs and symptoms. This can mean treatment time intervals of days, months and years. However, the scientific literature shows cases in which partial surgical interventions were performed, like incisional biopsies, and total ones, such as excisional biopsies or complete removal of the lesion, as well as the use of anti-inflammatory drugs. We hypothesized that such procedures could be considered potentially harmful agents and as a consequence, they activate the healing and repair signaling pathways of the affected area and decrease the remission time for the clinical signs and symptoms of NS. On the other hand, it is not yet known whether the clinical aspects of this lesion have an influence on the total repair of the lesion. However, in vitro and in vivo study models responding to this hypothesis are complex to develop, due to the poorly recognized nature and the rare involvement of the disease. Therefore, it is considered that analyzing clinical cases already published represents a valuable path to answering such questions. Thus, this paper aims to conduct a systematic review of clinical cases of NS and correlate aspects of clinical behavior and prognosis, to better understand the stages of progression of this disease.

# METHODOLOGY

# **Eligibility Criteria**

This review was performed according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) and the Joanna Briggs Institute<sup>7</sup>. The acronym PECOS (Population, Exposition, Comparison, Outcomes, Studies) was used to formulate this systematic review: P) Patients with necrotizing sialometaplasia in the head and neck; E) Clinical aspects, medication use, surgical intervention; C) Type of clinical aspect, type of medication used and type of surgical procedure; O) Decreased the lesion remission time; S) Case reports and case series in humans with necrotizing head and neck sialometaplasia. Only articles published in the English literature were included in this study. Clinical case series articles that did not differentiate between individual patient data were excluded because they did not allow clinical analysis of the data. Conference abstracts, editorials, scientific review articles, observational studies, and unavailable texts were also excluded from this analysis. There was no delimitation of publication year, age, gender or race.

#### Search strategies and information

The electronic databases PubMed, Scopus and Web of Science were used. The following search term was used to perform the search: "necrotizing sialometaplasia" OR "necrotizing adenometaplasia" OR "adenometaplasia" AND "salivary gland". The research period was from February to August 2019. The references of the selected articles were also evaluated manually.

#### **Study Selection**

All selected articles were tabulated in Microsoft Excel (version 2010) and duplicates were removed manually. In the first stage, two previously trained reviewers (J.V.N. and M.B.N.) read the titles and abstracts and applied the exclusion and inclusion criteria. In the second stage, the full texts were read. Articles that generated disagreement were reviewed and discussed with a third reviewer (V.P.S.).

#### **Data extraction**

Data concerning year of publication, first author, gender, age, location, clinical aspects, time of lesion evolution, use of medications, type of surgical intervention, time to lesion remission, incorrect diagnosis and number of biopsies performed were extracted.

## **Bias risk assessment**

An adaptation of the critical appraisal items recommended by the Joanna Briggs Institute for clinical cases was used<sup>7</sup>. As they did not fit the descriptions of most necrotizing sialometaplasia clinic al cases, the prognostic criteria, color and previous treatments in item one, as well as the psychosocial history of the patient and family members, found in item two, were removed. The case series were analyzed by individual clinical case. In the final analysis, cases were categorized as "high ROB (Risk of Bias)" when the study achieved up to a 49% "yes" score; "Moderate ROB" when the study reached a 50% to 69% "yes" score; and "low ROB" when the study reached a score of 70% "yes" or higher<sup>8</sup>.

### Data synthesis and analysis

For a better understanding of the clinical aspects of NS, a detailed description of the data, from each selected article, was initially carried out, with frequencies and percentages and means and standard deviations for continuous variables, using the following descriptions: gender (male or female) and age (0-10, 11-20, 21-30, 31-40, 41-50, 51-60, >61) of patients; localization of lesion (mouth floor /tongue / lip, nasal cavity, palate, parotid gland, pharynx / larynx, and other sites); clinical aspects (edema, nodule, ulcer, +1 of one aspect), lesion evolution in weeks (0-2 weeks, 2.1-4 weeks, 4.1-6 weeks, >6.1 weeks), use of antibiotic / anti-inflammatory (yes, no), type of surgical intervention (total or partial) and time to lesion remission (0-2 weeks, 2.1-4 weeks, 4.1-6 weeks, >6.1 weeks).

For the bivariate analysis, cases with three or more missing variables were excluded from the database. In addition, the variables were recategorized into dichotomy. The median parameters were used for the age variables ( $\leq 41$  and  $\geq 43$ ); evolution time in weeks  $(\leq 2 \text{ and } \geq 4)$  and remission time in weeks  $(\leq 6 \text{ and } \geq 7)$ . The localization was categorized as "oral cavity" or "not oral cavity", while clinical aspect was categorized as "ulcerated" "not ulcerated". A Fisher's exact test or Chi--squared test was used to assess the variables associated with remission time. Next, a backwards stepwise logistic regression was used, adjusting for the covariates that showed  $p \leq 0.10$  in the bivariate model (patient gender and localization of lesion). The odds ratios (OR) and 95% confidence intervals (CI) were then calculated. Data analysis was performed using SPSS software version 25.0 (SPSS Inc. Chicago, IL, USA). P-values of <0.05 were considered statistically significant.

# RESULTS

Initially, a total of 725 articles were found, of which 361 were duplicates and 263 did not fall within the inclusion criteria (1 systematic review; 3 complete description of the case not provided; 6 abstracts / conferences; 9 animal cases; 9 surveys; 9 in the format of a quiz; 13 letters to the editor; 30 written in other languages; 55 off-topic; 33 bibliographic reviews; and 95 without access via the internet). In the end, 101 articles were selected and 7 were added through references, totaling 108 articles and 173 cases (Figure 1). One hundred and eight studies (99 case reports and 9 case series) were selected for evaluation, totaling 173 patients assessed, with a mean age of 43.6 years.

# **Descriptive Analysis (general description)**

General descriptions of this systematic review's main findings are shown in Complementary Figure 1. It is observed, that, since the 1990s, reports of clinical cases of necrotizing sialometaplasia have been on the rise, with the highest peak in the 2010s (Figure 2). The frequency and detailed percentages of the analyzed variables are described in Table 1. It should be noted that for the category "other sites" in the localization variable, the following areas were included: trachea (3), maxillary sinus (1), lacrimal sac (1), bronchus (1), carotid artery (1), turbinate (1), vocal cord (1), periorbital space (1) and other regions (1): mandibular molars (2), canines (1), preauricular (1), intra-articular (1) and subglottic (1). Regarding the use of medications, in addition to anti-inflammatories and antibiotics (Table 1), the use of other drug classes, such as antifungal, antiviral, and herbal, among others, were also cited (described in Complementary Figure 1).

Forty-three cases reported at least one misdiagnosis prior to NS, except for the study by CARLSON et al.<sup>8</sup> which obtained two different diagnoses. In total, there were 45 diagnostic errors (Figure 3). Twenty-eight (62.2%) of the errors found were related to tumors, among which were: 28 (50%) squamous cell carcinomas; 10 (35.8%) mucoepidermoid carcinomas; 1 (3.6%) adenoid cystic carcinoma; 1 (3.6%) fibrohistiocytic tumor; 1 (3.6%) papilloma; and 1 (3.6%) pleomorphic adenoma. Inflammatory processes were the second most common type of diagnostic error, with a total of 11 cases (25.4%), subdivided into: 4 (36.4%) abscesses; 4 (36.4%) ulcers; 1 (9.1%) inflammatory granulomatous tissue; 1 (9.1%) acute inflammation and fibrovascular proliferation; 1 (9.1%) laryngeal perichondritis. Autoimmune diseases (1

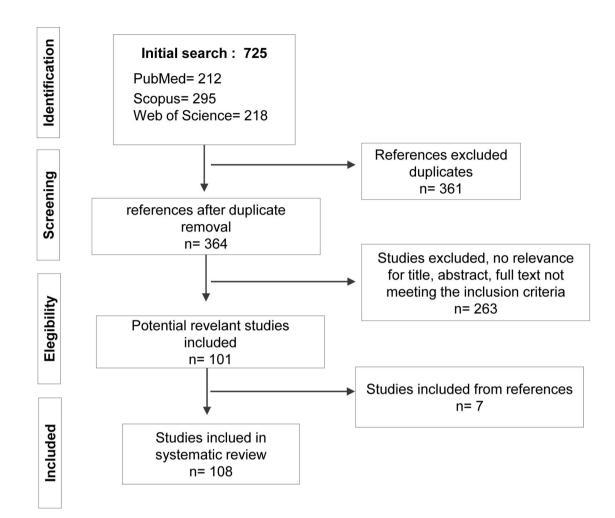


Figure 1. Search Flow Diagram and Selection Criteria.

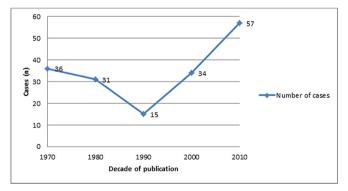


Figure 2. Graph of the number of necrotizing sialometaplasia cases published per decade.

granulomatous disease and 1 Wegener's granulomatosis) and other lesions (2 mucoceles, 1 local necrosis and 1 non-specific submucosal fibrosis) were also diagnosed. 22 cases reported that the final diagnosis was reached after two biopsies; 2 studies required three biopsies.

#### Statistical analyses

For bivariate analysis, 97 cases were considered (Table 2). The analysis showed that a higher ( $\geq 7$  weeks) remission time was significantly more frequent among male patients (61.8%, OR= 3.1, 95% CI= 1.2-8.1, p=0.02) and in cases of lesions outside the oral cavity (22.2%, OR= 10.5, 95% CI= 1.2-89.4, p= 0.01). However, regardless of the time to remission ( $\leq 6 \text{ or } \geq 7 \text{ weeks}$ ), there were no significant differences in the ulcerated clinical aspect (≥80%, OR=1.3, 95% IC= 0.38-4.30, p=0.67), evolution time  $\leq 4$  weeks ( $\geq 67\%$ , OR=1.8, 95\% IC= 0.54-6.02, p=0.32), use of anti-inflammatories ( $\geq 65\%$ , OR=0.8, 95% IC= 0.18-3.67, p>0.05) or partial surgical intervention (≥79%, OR=0.5, 95% IC= 0.12-2.47, p=0.48). In the regression analysis including the gender and localization variables, they were not significantly associated with a remission time  $\geq 7$  weeks (p>0.05) (Table 3).

**Table 1.** Frequency distribution of the demographic and clinical characteristics of the clinical cases included in the systematic review.

	 n	%
Gender	172	100
Male	93	54.07
Female	79	45.93
Age (year)	172	100
0-10	1	0,6
11-20	7	4.1
21-30	39	22.7
31-40	32	18.6
41-50	35	20.3
51-60	31	18
61-70	18	10.5
71-80	6	3.5
81-90	3	1.8
Localization	172	100
Mouth floor /Tongue / Lip	15	8.8
Nasal cavity	5	2.9
Pharynx / Larynx	5	2.9
Parotid Gland	10	5.8
Others	17	10
Palate	120	69.8
Evolution time (week)	94	100
0-2	27	28.7
2.1-4	52	55.3
4.1-6	13	14
>6	2	2
Clinical aspect	151	100
Edema	17	11.26
Nodule	20	13.25
Ulcer	97	64.24
+1	17	11.26
Antibiotic and anti-inflammatory consumption	43	100
No	14	32.56
Yes	29	67.44
Surgical intervention	106	100
Partial	66	62.26
Total	40	37.74
Remission Time	99	100
0-2 weeks	12	12.12
2,1-4 weeks	23	23.23
4,1-6 weeks	24	24.24
>6,1 weeks	40	40.40

#### **Bias risk outcomes for selected studies**

Of the total 173 evaluated cases, a higher proportion of cases with a high risk of bias (n = 95, 54.9%), followed by moderate risk (n = 47, 27.2%) and finally low risk (n = 31, 17.9%) was observed (Table 4).

## DISCUSSION

NS was first described by ABRAMS, MELROSE and HOWELL in 1973<sup>1</sup>. However, it was not until the 1990s that there was a rise in the publication of case reports, with the highest peak in the 2010s. Given the inclusion criteria of this work, to date, 173 cases of necrotizing sialometaplasia have been described since 1973. It is important to mention that 43.9% of the analyzed papers had three or more missing variables. This denotes an impoverishment of the database for the analysis of logistic regression in this systematic review. In addition, it has been observed that most articles are at a high risk of bias (55%). These data emphasize the need to improve the quality of clinical report publications on NS.

NS has peculiarities in its pathogenesis that are still not full understood, a fact that turns it into a pathology of complex clinical. This systematic review was carried out in order to understand the influence of clinical aspects and interventions in on the remission time for its signs and symptoms. It was possible to verify that, although the literature and the total number of our cases suggested that there is a higher prevalence of NS in the female gender and localization within the oral cavity, the longest time to remission of signs and symptoms ( $\geq$ 7 weeks) was in male patients (p=0.02) and located outside the oral cavity (p=0.01). The possible factors that explain these results are not amenable to analysis in view of the proposed study model. However, it is important to mention that this result proposes an expansion of the clinical view in relation to the monitoring of these patients, indicating the relevance of a long observation period.

It is known that the stimulation generated by a surgical procedure can induce physiological activation of growth factors to promote healing and repair of the affected region<sup>9</sup>. To analyze the possibility of such procedures interfering with the remission of NS, the relationship between surgical procedures/symptom remission was evaluated; no statistical association was found. On the other hand, NS is known for a tendency

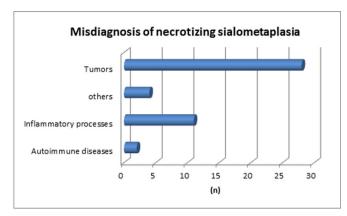


Figure 3. Graph of the number of misdiagnoses during the necrotizing sialometaplasia diagnosis process.

to spontaneously auto-regress. This may be related to the chronicity of its etiology, size and the presence or absence of bone perforation<sup>10</sup>. Due to the descriptions of the cases studied, it was not possible to evaluate the correlation of etiology, size and presence of bone perforation with the time necessary for lesion remission.

The etiology and pathogenesis of NS is still poorly understood, but it is believed that they are due to the compromised vascular supply of the salivary glands, which results in infarction and necrosis of the affected region<sup>11</sup>. However, the etiological factors are expected to vary according to the primary site of the lesion. Trauma during dental procedures is the most common source in cases of palate SN and postoperative vascular lesions are the main cause in cases of parotid glands<sup>12</sup>. Local radiotherapy, cocaine use, smoking, anorexia and bulimia nervosa may also influence the development of this lesion<sup>13,14</sup>. During this clinical case review process, it was difficult to find a description of the previous medical history of the cases, which limited this review's ability to examine what may be the most prevalent etiological factor in the NS case literature.

Although occurring elsewhere, the typical site for manifestation of NS in the head and neck is the palate<sup>15</sup>. The results of this study demonstrated that 88.6% of the cases occurred in the oral cavity and among them 69.8% were in the palate. Such result are in agreement with the case series published by BRANNON et al. (1991)<sup>16</sup>, demonstrating similar proportions of occurrence of SN in the palate (72-70%, respectively), as well as their distribution among their microregions, with greater preference for the hard palate (44.5-40.57%, respectively), followed by the palatal junction (8-10% respectively) and soft palate (9-13% respectively). This can be explained by the fact that the blood supply for this region is only provided via one branch of the major palatal artery. As

¥/			Remis	sion time in week		
Variables —	n	≤6	≥7	OR	95% CI	Р
Gender				3.17	1.18-8.14	0.02ª
Female	38	25 (65.8%)	13 (38.2%)			
Male	34	13 (34.2%)	21(61.8%)			
Localization				10.57	1.25-89.49	0.01 <sup>b</sup>
Oral cavity	65	37 (97.4 %)	28 (77.8%)			
No oral cavity	9	1 (2.6 %)	8 (22.2%)			
Clinical aspect				1.29	0.38-4.30	0.67ª
Ulcerated	59	31 (83.8%)	28 (80%)			
No ulcerated	13	6 (16.2%)	7 (20%)			
Evolution time in week				1.81	0.54-6.02	0.32ª
$\leq$ 4 weeks	42	23 (79.3%)	19 (67.9%)			
>4 weeks	15	6 (20.7%)	9 (32.1%)			
Use of anti-inflammatory				0.85	0.18-3.67	1.00 <sup>b</sup>
Yes	22	13 (65%)	9 (69.2%)			
No	11	7 (35%)	4 (30.8%)			
Surgical intervention				0.54	0.12-2.47	0.48 <sup>b</sup>
Partial	44	23 (79.3%)	21 (87.5%)			
Total	9	6 (20.7%)	3 (12.5%)			

Table 2. Bivariate analysis considering the remission time of patients with necrotizing sialometaplasia, n = 97.

<sup>a</sup> Chi-squared; <sup>b</sup> Fisher's exact test, CI = confidence interval, OR = odds ratio, n = number of individuals who present the condition within the group

Table 3. Logistic regression for the relationship between remiss	sion
time and gender and localization.	

Variable		
	OR (95% IC)	p value
REMISSION TIME Gender		
Femele	1	
Male		
Localization	2.08 (0.74-5.87)	0,16
Oral Cavity	1	
No oral cavity	7.38 (0.80-68.12)	0,07

CI Confidence interval, OR odds ration.

**Table 4.** Risk of bias analysis of the articles selected in the systematic review, an adaptation of the critical assessment list recommended by the Joanna Briggs Institute for clinical cases.

	n	HIGH ROB	MODERATE ROB	LOW ROB
1 case	81	25	32	24
> 1 case	92	71	15	7
All	173	96	47	31

the surrounding bony and mucosal areas are provided for by more than one artery, they are less prone to ischemic events when compared to the palate<sup>17</sup>.

Although clinical features are classically described as ulcers and/or nodules, an incisional biopsy is absolutely necessary, as this lesion may mimic malignant neoplasms. The need for a repeat biopsy was found in 14% of the cases and 26% had a misdiagnosis prior to NS, among which the most common was squamous cell carcinoma (50%) and mucoepidermoid carcinoma (36%). The similarity between carcinomas and NS can lead to a misdiagnosis that impacts decision making regarding treatment type and the patient's quality of life<sup>18</sup>. To lessen the effects of these errors, complementary exams such as immunohistochemistry may be used to make a differential diagnosis. Characteristically, in NS the Ki-67 and p53 show low reactivity and focal or absent immunoreactivity, respectively<sup>19,20</sup>. While in squamous cell and mucoepidermoid carcinomas, such markers are highly active<sup>21,22</sup>. Other immunomarkers can be used to define the nature of the lesion, such as AE1-AE3, CK7, S-100 or SMA, however there are no specific markers for NS.

It should be made clear that case reports are not at the top of the scientific evidence chain in contributing to the understanding of the pathological, clinical and therapeutic processes of a given disease<sup>23</sup>. However, it is noteworthy that NS is a disease that has elements that hinder the feasibility of scientific research, such as rarity, poorly recognized etiology and variable clinical processes. The minimum number of scientific research articles (n = 9) present in the literature regarding NS reflects the need to recognize the behavioral patterns of this disease. By so doing it will become possible to outline strategies for research in order to deepen our understanding of this pathology. According to this review of clinical cases, it can be inferred that NS is a lesion of unrecognized etiology, mostly affecting the male gender, with a peak in occurrences seen between 21-30 years of age, in addition to a higher occurrence in the palate, and that remission time is variable between patients. In order to gather further information, it is necessary to improve the quality of the information published in clinical case reports.

## **Disclosure statement**

The authors report no conflict of interest

## **Ethical approval**

Due to the nature of the present study with no patients' involvement, ethical committee approval was not sought.

#### **Informed consent**

To perform the present study, informed consent was not required.

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